

## **CO-CURRICULAR ATHLETIC CODE**

Students are asked to make a true commitment to the meaning of team. The administration in the Fall Mountain School District has high expectations which include rules to keep order and ensure that our students take proper care of their minds, bodies and attitudes. These regulations are to be adhered to and will be enforced fairly to all students participating in athletic events. We commend you for deciding to become involved in athletics in the Fall Mountain Regional School District. As student-athletes you are expected to be a positive representative for your school.

It is the philosophy of the Fall Mountain Regional School District Athletic Council to ensure that students participating in interscholastic sports receive a rewarding and competitive experience, become knowledgeable and competent in the fundamentals of the particular sport, display good sportsmanship, and conduct themselves as representatives of the Fall Mountain Regional School District. The emphasis of the athletic programs shall be on teaching a progression of skills and participation, which does not necessarily include game time. Though participation is important at this level, it should be noted that game time will be based on attitude and skill performance as determined by the coach. Depending on numbers of participants and equipment availability, coaches may have to limit roster sizes.

All students participating in athletics must have medical and dental insurance. Students not presently insured can obtain coverage by purchasing the school accident insurance policy offered through the district by an independent insurance company. Without mandatory medical and dental insurance, a student will be ineligible to participate in co-curricular athletics.